



# DOB-Approved Site Safety Training Course Equivalent

SST Supervisor Card Requirements	
Training/Course	Hours
30-Hour OSHA	30
8-Hour Fall Prevention	8
8-Hour Site Safety	8
4-Hour Supported Scaffold User and Refresher	4
2-Hour Drug and Alcohol Awareness	2
2-Hour Site Safety Plans	2
2-Hour Tool Box Talks	2
2-Hour Pre-Task Safety Meetings	2
General Electives (GE)	2
Special Electives (SP)	2
<b>TOTAL HOURS: 62</b>	

SST Worker Card Requirements	
Training/Course	Hours
10-Hour OSHA	10
8-Hour Fall Prevention	8
8-Hour Site Safety	8
4-Hour Supported Scaffold User and Refresher	4
2-Hour Drug and Alcohol Awareness	2
General Electives (GE)	4
Special Electives (SP)	4
<b>TOTAL HOURS: 40</b>	

**PLEASE NOTE:**

- If you took the **40-Hour Site Safety Manager** course, you will receive credit for all of these SST Courses:
  - ✓ 8-Hour Site Safety
  - ✓ 2-Hour Site Safety Plan
  - ✓ 2.5 Hour Foundations for Safety Leadership (SP)
  - ✓ 1-Hour Tools - Hand & Power (GE)
  - ✓ 1-Hour Demolition Safety (SP)
  - ✓ 1-Hour Excavations (SP)
  - ✓ 1-Hour Job Hazard Analysis (SP)
  - ✓ 1-Hour Risk Assessment & Accident Investigation (SP)
- If you took the **16-Hour Rigging Worker** course, you will receive credit for all of these SST Courses
  - ✓ 1-Hour Handling Heavy Materials & Proper Lifting Techniques (GE)
  - ✓ 1-Hour Hoisting & Rigging (GE)
  - ✓ 1-Hour Materials Handling, Storage, Use, & Disposal (GE)
  - ✓ 1-Hour Cranes, Derricks, Hoists, & Conveyors (SP)
  - ✓ 1-Hour Flag Person (SP)
  - ✓ 1-Hour Personnel Lifts/Aerial Lifts/Scissor Lifts Safety (SP)
- If you took the **8-Hour Rigging Worker Refresher** course, you will receive credit for all of these SST Courses:
  - ✓ 1-Hour Handling Heavy Materials & Proper Lifting Techniques (GE)
  - ✓ 1-Hour Hoisting & Rigging (GE)
  - ✓ 1-Hour Materials Handling, Storage, Use, & Disposal (GE)
  - ✓ 1-Hour Cranes, Derricks, Hoists, & Conveyors (SP)
  - ✓ 1-Hour Flag Person (SP)
  - ✓ 1-Hour Personnel Lifts/Aerial Lifts/Scissor Lifts Safety (SP)

**PLEASE NOTE:**

- If you took the **32-Hour Supported Scaffold Installer and Remover** course, you will receive credit for the **4-Hour Supported Scaffold User and Refresher** SST Course.

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- If you took the **8-Hour Supported Scaffold Installer and Remover Refresher** course, you will receive credit for the **4-Hour Supported Scaffold User and Refresher** SST Course.

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- If you took the **16-Hour Suspended Scaffold User** course, you will receive credit for the **1-Hour Scaffolds-Suspended (SP)** SST Course.

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- If you took the **8-Hour Suspended Scaffold User Refresher** course, you will receive credit for the **1-Hour Scaffolds-Suspended (SP)** SST Course.

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- If you took the **32-Hour Suspended Scaffold Supervisor** course, you will receive credit for the **1-Hour Scaffolds-Suspended (SP)** SST Course.

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- If you took the **8-Hour Suspended Scaffold Supervisor Refresher** course, you will receive credit for the **1-Hour Scaffolds-Suspended (SP)** SST Course.